**HALL MENU**  
**WEEK 7 HILARY 2019**

### LUNCH

**MONDAY**
- **Butterfly Chicken with Lemon Butter**  
  (Allergens: Gluten, Milk)

- **Plant Based Dish**  
  Potato, Mushroom and Sweetcorn Strudel with Spiced Potato Wedges  
  (Contains Gluten)

- **Halal**  
  Lemon Roast Chicken

**TUESDAY**
- **Green Thai Fish Curry**  
  (Contains: nuts, celery, Soya, sesame)

- **Plant Based Dish**  
  Thai Green Vegetable Curry  
  (Contains: celery, nuts, Soya)

**WEDNESDAY**
- **Korean Spiced Pork Rib Eye**  
  (Allergens: Gluten)

  or  
  **Lamb Burger**

- **Plant Based Dish**  
  Bean Chilli Con Carne with Guacamole  
  (Contains: soybeans, celery)

- **Halal**  
  Korean Beef

**THURSDAY**
- **Beef, Mushroom and Onion Pie**  
  (Contains: Milk, Gluten, Egg)

  or  
  **Breaded Plaice**  
  (Contains: Fish, Milk, Gluten, Egg)

- **Plant Based Dish**  
  Spiced Vegetable Casserole with Grilled Tofu  
  (Contains: celery, mustard, sesame)

- **Halal**  
  Braised Beef

**FRIDAY**
- **Coly Fillet** with Chilli Basil and Lime  
  (Contains: soybeans, celery, soya)

- **Plant Based Dish**  
  (V) Tempeh Goujon with Peas with Tomato Sauce  
  (Contains: soya, nuts, soya)

**SATURDAY**
- **Jerk Chicken**

- **Plant Based Dish**  
  Spinach and Squash Wellington  
  (Contains: Gluten)

- **Halal**  
  Jerk Chicken

**SUNDAY**
- **Roast Turkey with Stuffing, bacon rolls and Gravy or chicken**  
  (Contains: Milk, Gluten, Egg)

- **Plant Based Dish**  
  Pineapple Upside Down Pudding  
  (Contains: Milk, Gluten, Egg)

### DINNER

**Meat Free Monday**
- **Cauliflower, Onion and Kale Pakora Salad**
- **Sweet Potato, Butternut Squash and Lentil Korma**
- **Orange, Polenta and Olive Oil Cake with Orange Sorbet**

- **Breaded Mushrooms with Garlic Mayonnaise**  
  (Contains: Milk, Gluten, Egg)

- **Honey Fried Chicken**  
  (Contains: Milk, Gluten, Egg)

- **Chocolate Brownie with Vanilla Cream**  
  (Contains: Milk, Glutens, Nuts, Egg)

**TUESDAY**
- **Green Thai Fish Curry**  
  (Contains: nuts, celery, Soya, sesame)

**WEDNESDAY**
- **Korean Spiced Pork Rib Eye**  
  (Allergens: Gluten)

  or  
  **Lamb Burger**

**THURSDAY**
- **Beef, Mushroom and Onion Pie**  
  (Contains: Milk, Gluten, Egg)

  or  
  **Breaded Plaice**  
  (Contains: Fish, Milk, Gluten, Egg)

**FRIDAY**
- **Coly Fillet** with Chilli Basil and Lime  
  (Contains: soybeans, celery, soya)

**SATURDAY**
- **Jerk Chicken**

**SUNDAY**
- **Roast Turkey with Stuffing**

### DINNER ALTERNATIVES

**TUESDAY**
- **Garlic Mushrooms**
- **Grilled Orange and Miso Glazed Tofu with Fennel and Olive Ratatouille**
- **Apple Pancake**

**WEDNESDAY**
- **Breaded Mushrooms with Garlic Mayonnaise**  
  (Contains: Milk, Gluten, Egg)

**THURSDAY**
- **Onion Rings with Garlic Dip**  
  (Contains: Milk, Gluten, Egg)

**FRIDAY**
- **St Davids day**  
  **Potato Vegetable and Potato Broth with Parbrith**

**SATURDAY**
- **Mushroom and Sweetcorn Soup**  
  (Contains: Milk, Gluten)

**SUNDAY**
- **At Dinner Fruit Juice May Be Taken As an Alternative Starter and Fresh Fruit As Alternative Dessert**

**Allergy Note**

Allergens indicated are a guide; please bring your dietary needs to the attention of a member of serving staff.